



# ADULT DAY PROGRAM

## AT MOUNT OF OLIVES CHURCH

The Adult Day Program is a full-day social, spiritual care model adult day program.

The ADP goal is to keep your loved-one performing daily activities independently for as long as possible, while engaging at the highest social level possible.

We offer an integrative, whole-family care approach. We provide daily respite for loved ones and develop a care plan for families; connecting families with community resources for long-term care options.

### Serving

- Seniors who are 'aging gracefully' and want cognitive reinforcement & socialization
- Adults & Seniors who are diagnosed with 'early stage' dementia, Alzheimer's, Parkinson's, and other forms of mild cognitive impairment; with a safe and structured, and socially engaging environment to manage cognitive functioning

### Client Testimonials

"During the shutdown, I was unable to devote time to keeping my Dad engaged in mind-stimulating activities. I came to realize how valuable the ADP was in his mental well-being."

"Caring for an aging parent can be taxing on family caregivers. The ADP allows me to recharge and provides our loved one with mind-engaging activities essential in maintaining his morale."

"During the shutdown, my Dad had no access to social activities outside of the household. Social activities are important in maintaining his morale which is why the ADP has become such a great partner in caring for our loved one."

### Frequently Asked Questions

**Program** - The structured day consists of different activities including, brain fitness, chair exercises, music, art, creative writing, and outside strolls. Clients engage as a group.

**Hours** - ADP Admin office hours: 8:00am-4:00pm. Clients are received beginning at 8:15am. Clients may be picked up from the program as early as needed, typically starting around 2:30pm, but no later than 3:50pm. ADP closes promptly at 4:00pm.

**Tours** - By appointment only. Please call 949-581-3800 or go to [adp.moochurch.org](http://adp.moochurch.org) to watch a virtual tour.

**Enrollment Requirements** - After tour of program and meeting with ADP Staff, there is a required evaluation for Program Care Needs. If enrollment is approved, a regular schedule is set.

**Cost** - The ADP is a private pay facility and also honors Long-Term Care policies.

**Adult Day Program**  
**24772 Chrisanta Drive**  
**Mission Viejo, CA 92691**

**Contact:**  
**949-581-3800**  
**[adp.moochurch.org](http://adp.moochurch.org)**